# 題 童 真 邇 瓠

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點傳師賜導

## 真正的修道人

陳正夫

古聖仙佛在世時,捨了自己的榮華富貴,一心只為救世救人,因此眾生感恩,為之建廟立祠,也以為此眾生感恩,為之建廟立祠,我心敬仰。現在讀書人很多,但是沒有成為聖人,沒有人紀念他,只因為他只知道為自己打算,而沒有恩於別人,因此與草木同朽,孔子說「君子疾沒世而名不稱焉。」這世界上一切事情,沒有一樣是真實的,唯有聖人所說的三不朽:立德、立立功,才能留芳萬古。

修道人想要萬古留芳,最要緊的是培養健全的人格。有健全的人格,才有健全的事業。如此不健全的事業。為人者不健全,隨時都有身敗名裂之患。為子母主,不能是其用,方可為完整之人。孟子母之人。孟子母而言之,道也。」一為體一為用人一假人,人才完整,故曰:「性在人在」;如果仁份分開,則「性去人亡」;二人合成,才能借假各人,不能任何,就是道。

 約,子曰「學而時習之」,又曰「博學於文,約 之以禮」。做人方面,孔子說:「唯仁者,能愛 人。」愛人者必能自愛,愛人者人恆愛之。修身方 面,要復禮,要忠恕,子曰:「己所不欲,勿施於 人」大學云:「自天子以至於庶人,壹是皆以修身 為本。」待人方面,要恭、寬、信、敏、惠。子 曰:「恭、寬、信、敏、惠。恭則不侮,寬則得 眾,信則人任焉,敏則有功,惠則足以使人。」事 親方面,要出於至誠,要敬親、順親之志,子曰: 「今之孝者,是謂能養,至於犬馬,皆能有養,不 敬,何以別乎?」「色難,有事弟子服其勞。」孝 經上說:「身體髮膚,受之父母,不敢毀傷,孝之 始也;立身行道,揚名於後世,以顯父母,孝之終 也。」以上所列,孔子對仁道的推崇,無所不備, 孔子認為一個人想達到仁的境界,應當各方面都要 有修養,並且能腳踏實地將道德實踐於生活之中。

古今歷代聖真仙佛都是人修成的,修道人如果 立志做聖賢,將來就一定成就聖賢,當然對於以上 孔子所說的每一條道德,都要實實在在的實踐在日 常生活中,如此修行,必能道成天上,名留人間, 萬古留芳,這樣才是一個真正的修道人。

## **天緣佛堂**

溫詠鳳

「正知正見」由羅孟軍講師闡述:「正」—— 正直、純而不雜。「知」與「智」,古時是同義 字,乃深明事理,聰明、以智慧行事。孔子:「知 之為知之,不知為不知,是知也!」說起來,似乎 很容易,但是做起來,並不簡單;因為這實際上是 「人」的一種很高的精神境界。它需要不斷地克服 「人」自身許多弱點:貪欲、虛榮……纔有可能達 到。現實生活裡,只以我們經常可以看到許多場合 上,對於學問上沒有解決之問題,見聞無法達到之 事物,總有強「不知」為「知」的現象。此對人之 思想、智慧之危害是頗嚴重,抑且也耽誤了許多事 情。蓋以人之智慧的發展,靠的是實事求是的精 神,亦是追求知識的正確態度,而非輕浮、躁進之 個人表現。世上萬事萬物,我們不可能都懂,而聰 明、才智,不在於知識淵博,不可能什麼都知道也 不在於儘其量地知道; 重點在於知道最必要的東 西,同時某些不甚需要又那些根本不需要。「見」 者有正確知識,事情觀察、認識之後,依自己理解 所綜合,才有正確的見解。有感光陰似箭,勸君珍 惜生命莫再箇眷戀世俗繁華假景,求了「道」宜持 平常心修道。

中庸是最好的道德修養; 不偏不倚之謂 「中」,常而不變之謂「庸」,中庸之道應該合於 修道的一個典範,時時、處處,皆恰如其分。全真 道院是個大家庭,地方班是個小家庭,彼此相處和 睦、融洽;大家回道場聆受道理,每次給予充電、 互相切磋、探討向外汲收知識來營養自己,有疑必 問。一貫道,是「真理」,真理是越辨越明。所 謂:真金不怕紅爐火,「真理」一旦為人所理解, 頓令人深信不疑。總括而言:學道不該心胸狹窄, 容易滿足就無法上進。切忌心浮氣燥,不懂裝懂, 把沒學當成曾經學過的。歷年來,充分瞭解到楊 老點傳師以及各位點傳師是多麼的忍辱負重,為 「道」奮鬥,理該做的事,義不容辭,一種悲天憫 人之情懷,希望度化、成全更多有緣人。修道總要 跨過求道這門檻,掛上號,宛若中了樂透頭獎--先決條件要修道,此生又可以超拔祖先,成道歸根 認中,脫離輪迴,一本萬利。首先,感恩祖先蔭 德,得此人身而求了道;在這世的修、辦道之過 程中,應該已經了解自己前輩子的因緣,求道是 「因」、成道是「果」,要深信「因果」。尚須牢 記以福德蔭子孫,必要傳承尊貴的道是幸!

國學大師王陽明:「此心光明,夫復何求?」 它來自「人」的良知,我們一切依循「良知」而行 就足夠了。眾所周知,《一貫道宗旨》所闡釋的 「愛國、忠事、敦品、崇禮……」以至於一切的道 德實踐都必發自於道心。再者,行五常之德:君敬 臣忠、父慈子孝、夫婦和順、兄友弟恭、交友以 信;人人行為應該遵守之道德標準,乃自修「自 性」的盡善、盡美大道;此亦是求道最得智慧之正 見是也!

歷代君臣是亲信, 宣言, 是亲情,我有戴的意誠力日事。「道点大人,我有戴的意誠力,是亲情,我有戴的意诚力,是亲亲,我就是有人,我们是,是亲亲,我就是有人,我们是有人。一个人,我们是有人,我们是有人,我们是有人,我们是有人,我们是有人,我们是有人,我们是有人,我们是不会。

## 美國洛杉磯全真道院大懺悔班心得報告

張韶逸

西元二O一二年六月二十四日,藍天白雲,陽光 普照,是一個令人心情鼓舞的好日子。後學和後學的 媽媽一早從聖地牙哥海濱市,開了約一個半小時的車 程,來到全真道院。到達時,點傳師、辦事員們以及 許多道親,已經在佛堂、講堂、廚房等四處,上下忙 著安排場地、招呼道親、準備餐點。參加這次大懺悔 班的道親,除了居住本地大洛杉磯以及南加州之外, 還有從夏威夷、西雅圖、舊金山等遠道而來的道親, 大家見面高興著寒暄問好,氣氛祥和。在這一個非常 殊勝的機緣,各位道親亦都保持著一分莊嚴的心情, 來迎接這二十年才舉辦一次的重要法會。上午八點 三十分,開始報到,凡能立愿的道親,其名牌上都加 印一朵蓮花,因為立愿即是佛盤註冊,實屬不易,希 望以後立愿道親修成正果,能有蓮花可以坐。緊接著 全體道親到二樓佛堂,在莊嚴肅穆、乾坤分班中開始 獻供、請壇、早獻香。

#### 開班賜導

廖永康老點傳師簡要說明,聖德張老前人於一九四七年,在慈佑帝君李廷岡老前人慈悲下,發大宏愿,帶領二十四位點傳師以及辦事員來臺灣開荒渡眾,從一九四七年到二〇一〇年,六十年的歲月中,僅僅辦過三次大懺悔班,分別在一九六〇年,一九八〇年以及一九九四年。三次大懺悔班讓無數道親懺其前愆,悔其後過,在修行的道路上更加精進,法喜充滿。

二〇一〇年六月四日,大德袁前人於桃園忠恕道院,為聖德 張老前人成道週年,舉辦感恩追思大會,同時宣佈二〇一二年將在海內外舉辦「壬辰真修大懺梅班」,讓道親們能有機會真修實煉、真心懺悔。壬辰真修大懺悔班,在台灣北中南共舉辦十多班次,海外五場。全真道院有部分道親因緣尚未成熟而無法立愿者,亦都能得以旁聽學習,深入了解懺悔真義。

#### 懺悔因由

 由人心感召而來,唯有真心懺悔,遠離諸惡,眾善奉行,人人才能躲災避劫。

#### (一)懺悔的真義

懺是懺其前愆,陳露先罪,不敢隱晦。修行人要能知己過,而且絲毫不得馬虎,檢視自己的心、口、意,犯了多少罪、過、錯,必須逐一列出,真心認錯。

悔是悔其後過,遠離諸惡,勤修十善。修行人知道自己犯的錯,要真心修改而不重覆犯錯。

懺悔的過程必是有上天老母,諸佛菩薩,以及 自己良心共同見證,彌勒救苦真經中「報事靈童察得 清」,所以懺悔一定要真誠,清楚徹底,沒有絲毫的 隱瞞。

#### (二) 懺悔的因由:天道弟子修行的功課

#### (三) 懺悔的行持

#### • 淨洗身心靈,常照懺悔鏡

#### • 認清修道考,受考不受劫

「考是修道人必有的過程,故云修道若無魔和考,花街柳巷盡成仙」,祖師云:「大法大隱有大顯,真道真考見真心。」足見有真考才能看出修行的光明磊落和修行的真功夫。而這些都需要真心做悔,因為懺悔淨盡不怕考。考又分為三層級 本身,道盤f時局。本身之考是雜念心不清,道盤之考是有假祖師假弓長來考道親,時局因緣考的是時代的動盪,世界混亂都得加以小心防範。

「考是因好人而降,劫是因罪人而降,好人受考 而不遭劫,惡人遭劫不受考。」好人因為有真心懺與 悔,所以禁得起考,真心修行為上天為自己,上天自 然會庇佑。反之,惡人沒有懺悔和考的機會,即無法 躲避災避劫。

#### • 剷除罪過錯,智慧斬惡緣

剷去靈性的物染,除去自性蘊藏的色、受、想、 行、識,認真削除罪過錯,若良心不能作主,則是外 面引誘太多,所以要以真正的智慧,降伏一切不正當 的念頭。

#### 修道須知九則

黃成德點傳師講述:「修道指南」一書是當時師母辦懺悔班時的資料彙整,有許多是母親大人及院長大人的指示。張老前人在台灣舉辦過三次大懺悔班,都是沿用「修道指南」為教材。今年袁前人慈悲辦理「王辰真修大懺悔班」,亦稟承張老前人的精神與做法。

第一則:懺悔五部曲:找過à知過à記過à悔過à責 過。對自己累世今生所犯的罪過錯要真誠表白,毫無 保留。行功立德,真正修辦道將功抵罪,真誠感天, 才能得到赦罪的結果。

第二則:不要修人情道,有點傳師誇獎,才會去 道場,否則就跑去比較有「溫暖」的道場。應該從一 而行,不要東跑西跑,修行要有定力,定性不夠,無 法成就。修行要在「事上磨,境上練」,磨我們的習 性,我執。

第三則:要認理實修,不談神化,如天機、顯化 等等。張老前人放棄使用沙盤,是希望天道弟子要以 真理為依歸,省察自己的心,道已種在心田,仍要自 己努力耕耘才會開花結果。

第四則:會面日期,凡有開班法會,要遵守到齊,這是要道親們接好金線,因為如一斷線,即墜落深淵。

第五則:要默出彌勒真經,要讀彌勒上生經,彌 勒下生經、布袋經。

第六則:大劫來了,大考亦來,很多旁門左道也會出現。此時,不是每個人都可以受考,不受考而遇劫者,會永劫不復。不要被旁門左道考了去,真假祖師很多,一走錯就墜入深淵。

第七則:三曹齊辦,盡力行功,以了夙愆。多用 有限的時光,當下行功了愿。

第八則:渡入切忌濫渡,渡多非有功,渡少非有過,要渡有好品德的人。

第九則:後學趕快成全,救人救到底,才算真正 救人。

人生規程與墜淵門徑,是相對的。能正心就可以去邪心,能正己成人就不會失言失人,能靜定修持就可以去無明,能自力更生即可去怠惰,能責任負起就不會推托苟安。自我警戒要能覺悟、反省、懺悔、發新願,如臨深淵,如履薄冰,本性自然光明。

#### 懺悔方案

陳義豐點傳師講述:要想躲劫避難必須以真心感

動上天,懺悔盡淨已過錯。平時我們應該朝哪些方向 去懺悔呢?要如何了解反省自己的缺點,明白自己所 犯的罪過錯呢?

一、對道:是否認真堅定?有否傷道,違道,考道,誤道?

二、對母:是否真孝?真忠?真心?真誠?以母心為心,是否聽話?違背?有否應付瞒哄?

三、對仙佛:是否認清?是否虔誠?是否信敬?或疑輕視?

四、對愿:是否認真?照愿實行?有否違愿?反愿?

五、對己:是否護短矜長?聞過則願感激接受, 有否好高鶩遠?誇強好勝,懈怠偷安,貪心妄想,掩 醜蓋惡。乖僻任性,及邪思淫念。顛倒夢想,曾否知 過?認過?懺悔改過?

六、對人:對前人是否敬?對後學是否愛?對前 人後學同仁是否和?有否虛假不實?結黨分派,說了 不算,口不應心,嗔心嫉妒,猜疑誤會,妄言是非, 攬權霸勢,見解偏邪,使巧鬥智,失禮放蕩,瞞上欺 下,貌合心離,曾否諫議,成全勸解。

七、對財物:是否廉儉?有否浪費款物?來不清 去不明。

八、對事:是否忠於職責?盡心盡力,虛假不實,凡聖不分,假公濟私,見解偏邪,竊功盜名,滅人顯己。

#### 三關會考

這次三關會考的設置,目的是希望白陽修士弟子 回天之後,在「三官寶殿」被考問考證求道日期、點 傳師、引保師、三寶及愿懺文等佛規禮節時能順利通 過。每一位應考道親通過三關會考時,都獲得監考點 傳師驗關簽名的「修道指南」一書。

#### 大合照

三代同堂的修道家庭,齊心修辦道的精神是所有 修道人的楷模。適逢這難得實貴的殊勝機會,洛杉磯 全真道院的壇主們帶領著第二代及第三代的子孫一起 立愿與參班,全體道親於道院前門大合照留下歷史的 見證。

#### 賜果真諦

 带給一家人平安圓滿。

### The Ritual of Penance

#### by Alicia Romero

Sunday, June 24 2012, marked a day of celebration. It was the Ritual of Penance here at the I- Kuan Tao Temple in El Monte, CA. On this bright and sunny day, Tao cultivators, who enthusiastically congregated to what was an infrequent event of the Ritual of Penance. There were Masters who spoke and inspired us through their teachings that day. One of the themes I learned about was the importance of right mindedness. This is where it all begins! The Master spoke with such simplicity and joy. I was moved to tears. My tears felt like raindrops coming from the heavens. I could and couldn't understand it at the same time. This was not a moment of false sentimentality. It felt like true essence of being.

I was quite mystified as to his words of wisdom that were in reality just reminders of what is beautiful in the world. One can easily forget simple things like kindness and goodness. But it starts with intention. In order to see what is beautiful, right and sacred in this world, one must rid oneself of wrongs, of regrets and of the past. This is Penance: to pray and to recall our wrongdoings with sincerity and learning. This was the ultimate event of the day. After the Ritual of Penance, one lady member of the temple said to me "You have no idea how lucky you are". I responded to her "You're probably right". I could read in her words her meaning. As I recall having remembered receiving the Tao years prior and it having been a very life-transforming event,

I knew exactly what she meant. This was evident immediately days after in my activities of everyday daily life. I walked away with a clearer mind and a more aware mind and a more conscientious mind. I, in turn, resolved a couple of conflicts that were perturbing me. I was just not in the right mind or had the right perception to see how I needed to be a better participant and not a judge.

I was fortunate enough to have received the Tao April 11, 2004. Then on Saturday, June 23rd, 2012, Master Chen and Master Cheri conducted the Vegetarian Vow Ritual. This was the prerequisite for the Penance Ritual. Being vegetarian, now makes me think truly about what I eat and why. I never before connected what I ate, was any way associated with spirituality. But, what we do to our bodies reflects our spirituality, health, emotions, behavior and actions.

I felt at one with the group of Tao cultivators participating in the day's activities. It was comforting to be in community of people who come to learn, understand and live by these concepts. Many people helped put this event together, to which I'm grateful. Every detail in planning from the coordination of uniforms and the much needed translation to the many other details made this event seamless. And these same people care and support others in this spiritual journey realized.

## The Sacrificial Cow (Part 1)

by Derek Lin

Once upon a time in ancient China, a royal envoy came to a small village, seeking audience with its most famous resident, the sage known as Chuang Tzu.

The envoy found Chuang Tzu about to leave his house to go somewhere, so he quickened his steps to approach: "Good day, Master. I bring greetings from His Majesty, King Wei of Chu. The King is a great admirer of your teachings and your keen intellect, and he has asked me to deliver an invitation to you."

Chuang Tzu seemed neither excited nor surprised to see the envoy. "I am about to take my daily walk. Would you mind coming along with me as we discuss this invitation?"

"Of course, Master. I am at your command." The envoy walked next to Chuang Tzu, keeping pace with him.

The two of them strolled side by side, enjoying a beautiful afternoon. They saw the peasants busy with their work in the fields. Nearby, calves munched on grass and wandered around, seemingly without a care in the world.

After a while, Chuang Tzu turned to the envoy: "Now then, what is this invitation that King Wei has in mind?"

The envoy chose his words carefully in response: "His Majesty has great plans for the kingdom of Chu. To realize his plans, he will need a man of great virtual, wisdom and knowledge by his side -- a man such yourself, Master."

Chuang Tzu thought this over, and then shook his head: "I think you are referring to the position of Royal Minister, the hand of the King. If so, I fail to see how it can benefit me in any way."

This made no sense to the envoy. The Royal Minister was a position many people lusted after. Some were willing to do anything to win it. He felt he was stating the obvious as he replied: "Master, the benefits are many. At the palace, you will enjoy the finest clothing and food, the likes of which I cannot even imagine. In terms of prestige of position, there is none higher. I and everyone else must bow to you and honor you with the greatest respect."

Chuang Tzu did not respond. Their walk took them by an area where half a dozen peasants were tending to a cow. Out of curiosity and to break the silence, the envoy asked: "What are they doing, Master?"

"They are preparing for the great festival coming up tomorrow." Chuang Tzu pointed to one of the peasants holding a beautifully embroidered blanket. "See that? That is the ceremonial cloth they will use to cover the cow."

"The cow appears well fed," the envoy observed.

"Naturally. For about a year now, the cow has feasted on the finest feed, so it can be at its peak for tomorrow." The two of them stood back and watched. The peasants draped the blanket over the cow and led it out of the preparation area, toward the temple where the festival will take place.

As the cow passed through the streets of the village, all villagers in sight knelt down, praying to it. "They believe it is good luck," Chuang Tzu explained to the envoy. "From now until the festival, the cow is the most sacred animal in this area."

"Until the festival, Master?" It seemed a bit strange to the envoy. "So the cow will no longer be sacred after the festival?"

"It will no longer exist after the festival, at which it will be slaughtered, butchered and cooked."

Seeing the shock on the envoy's face, Chuang Tzu continued gently: "If you were in the cow's position and aware of what will happen, would you not rather exchange places with the calves out in the field, playing in the mud?"

"Of course I would, Master."

"Even if that means giving up the finest clothing and food, as well as the respect of the people who bow down to you?"

The envoy could think of nothing to say as he finally understood the point. Chuang Tzu smiled: "Now I think you know what my answer is to the invitation. Please convey my gratitude to His Majesty for thinking of me."

For more discussions on the Tao, please visit www.TrueTao.org!

## 全真道院週日班班程表

開班時間: 毎週日10:30AM-12:30PM

日期	班長	道寄韻律	道化人生	專題講座	點傳師賜導
07/01/2012	溫詠鳳	吳韓衛	深信業果(上): 陳秀真	彌勒法門: 林宏容	辜添脩
07/08/2012	陳靜嫻	吳韓衛	萬法唯心 :羅煥瑜	大 學:郭詩永	陳正夫
07/15/2012	呂柏欣	温潔芳	素食的好處:張邦彥	彌勒真經 : 陳淑敏	郭詩永
07/22/2012		<b>È</b> 談	會 修 道 入	門: 辜添脩	
07/29/2012	史振英	吳韓衛	知止知足:杜梅瑞	夏季大	典

全真道院經典研究英文班 (Tao Study Group 10:30AM~12:30PM) | 負責人(Moderator) | 林信价(Derek Lin)

	內 容	負責人
全真道院道德培育班班程表	中文讀經、禮節、道歌、道化人生	吳振龍、游士慶 Allen Chen、 Eric Chen

入古法院日本语师北北级专	內 容	負責人
全真道院兒童讀經班班程表		陳淑敏、杜梅瑞

全真道院幼兒班班程表	內 容	負責人
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乾		陳恩弘、郭禮嘉	羅煥瑜、溫佳源	陳柏瑋、陳宣霖	吳振龍、史振英	陳彦宏、吳韓衛

<b></b>	07/03/2012(五月十五)	五教同源	講師:辜添脩 點傳師	班長/道寄韻律:吳玉萍
大隊饰宝	07/03/2012(五月十五) 07/19/2012(六月初一)	三關九口	講師:徐翠妤 點傳師	班長/道寄韻律:鄧美燕

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